

For Reservations or Cancellations call by 12:00 Noon the day before at 781-2135 or Toll free 800-649-3641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Latino Baked Chicken Oven Brown Potatoes Mixed Vegetables Wheat Bread Reg/Diet Ambrosia	2 Latino Sancocho Latino Yellow Rice & Corn Green Beans Rye Bread Reg/Diet Applesauce	3 Latino Chili Verde Latino White Rice Broccoli Pumpernickel Bread Reg Rice Raisin Pudding Diet Vanilla Pudding
Calories: Fat %: Sodium: mg	Calories: Fat %: Sodium: mg	Calories:805 Fat %: 45 Sodium 805mg	Calories:650 Fat %: 23 Sodium: 569mg	Calories:759 Fat %: 28 Sodium: 800mg
6 Baked Chicken/Sweet & Sour Sauce Rice Pilaf Carrots Multi Grain Bread Reg/Diet Apple Crisp	7 Latino Ground Beef & Plantains Latino Yellow Rice Roman Blend Vegetables Italian Bread Reg/Diet Butterscotch Pudding	8 Latino Chicken & Macaroni Jardinière Style Vegetables Tossed Salad Wheat Bread Reg Frosted Cake Diet Angel Cake	9 Latino Meatloaf Yellow Rice/Corn Butternut Squash Dinner Roll Reg/Diet Peach Cup	10 Latino Pork & Potatoes Latino White Rice Spinach Rye Bread Fresh Fruit (Orange)
Calories:728 Fat %:29g Sodium: 619 mg	Calories:816 Fat %:32 Sodium:1070 mg	Calories:875 Fat %:25 Sodium:837 mg	Calories:774 Fat %:34 Sodium:482 mg	Calories:626 Fat %:23 Sodium:540 mg
13 Latino Pot Roast Kidney Beans & Potatoes Green Beans Wheat Bread Reg/Diet Mixed Fruit	14 <u>VALENTINE'S DAY</u> Roast Turkey/Gravy Cranberry Sauce, Mashed Potato Italian Blend Vegetables Multi Grain Bread Reg Frosted Cherry Chip Cake, Ice Cream Cup Diet Angel Cake	15 Latino Steak & Onions/Gravy Latino White Rice Sweet Potatoes Dinner Roll Reg Pistachio Pudding Diet Vanilla Pudding	16 Latino Corned Beef & Potatoes Carrots Tossed Salad Rye Bread Reg/Diet Pineapple	17 Latino Baked Chicken Yellow Rice & Zucchini Peas Pumpernickel Bread Reg/Diet Fruited Jell-O
Calories:482 Fat %: 26 Sodium: 742	Calories:828 Fat %: 25 Sodium:650 mg	Calories:948 Fat %:35 Sodium:857 mg	Calories:619 Fat %:44 Sodium: 1413mg	Calories:707 Fat %:26 Sodium:550 mg
20 PRESIDENT'S DAY CLOSED (NO MEALS)	21 Latino Baked Chicken Soupy White Beans Pepper Rice Multi Grain Bread Reg/Diet Peach Cup	22 <u>ASH WEDNESDAY</u> Latino Crab Salad Tri Color Pasta Cucumber Salad (2) Sl. Rye Bread Fresh Fruit (Apple)	23 Latino Turkey Stew Latino White Rice Carrots Baking Powder Biscuit Reg Frosted Chocolate Cake Diet Angel Cake	24 Latino Fish Stew Yellow Rice & Olives Roman Style Blend Vegetables Italian Bread Reg/Diet Dried Fruit Mix
Calories: Fat %: Sodium: mg	Calories:682 Fat %:27 Sodium:747 mg	Calories:742 Fat %:24 Sodium:1112 mg	Calories:977 Fat %:30 Sodium:1146 mg	Calories:642 Fat %:14 Sodium:469 mg
27 Latino Chicken & White Bean Latino Yellow Rice Butternut Squash Rye Bread Reg Lemon Pudding Dt Vanilla	28 Latino Pulled Pork Yellow Rice & Pigeon Peas Yuca Tomato & Onion Salad Dinner Roll Fresh Fruit (Pear)	29 Latino Chicken Fricassee Latino Yellow Rice Green Beans Multi Grain Bread Reg/Diet Apricots	Menu Subject To Change Without Notice * High Sodium Entree Puree Meals available Call GSSSI	1% Milk Served Calories Reflect Regular Dessert
Calories:756 Fat %:23 Sodium:887mg	Calories:896 Fat %:27 Sodium:740 mg	Calories:727 Fat %: 34 Sodium: 596mg	Calories: Fat %: Sodium: mg	Calories: Fat %: Sodium: mg

