

For Reservations or Cancellations call by 11:30 Noon the day before at 781-2135 or Toll free 800-649-3641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Frozen Soup/Crackers Baked Chicken/Carmel Lime Glaze Delmonico Potatoes Oat Nut Bread Reg/Diet Pears	2 Taco Salad Bowl Shredded Cheese Yellow Rice Corn Dinner Roll Fresh Orange	3 Albondigas en Salsa Arroz Blanco Oriental Blend Vegetables Wheat Bread Reg Frosted Birthday Cake Diet Angel Cake	4 Pollo Salad Maccarrones Salad Tomate/Cucumber Salad Hot Dog Bun Reg/Diet Frozen Strawberries	5 <u>CATCH OF THE DAY</u> Haddock/Dill Sauce Rice Pilaf Carrots Rye Bread Reg/Diet Chocolate Pudding
Calories: 879 Sodium: 947	Calories: 743 Sodium: 646	Calories: 732 Sodium: 870	Calories: 914 Sodium: 559	Calories: 566 Sodium: 879
8 Latino Molido Arroz Blanco Mixed Vegetables 12 Grain Bread Reg/Diet Bread Pudding	9 Mexican Twist Pasta Spinach Tossed Salad Oat Nut Bread Reg Lemon Pudding Diet Vanilla Pudding	10 <u>RED SOX OPENING DAY</u> Hot Dog Mustard & Relish Baked Beans Cole Slaw Hot Dog Bun Fresh Apple	11 Roast Turkey/Gravy Cranberry Sauce Herb Stuffing Butternut Squash Pumpnickel Bread Reg/Diet Peaches	12 Macaroni & Cheese Stewed Tomatoes Peas/Pearl Onions Wheat Bread Reg/Diet Mixed Fruit
Calories: 889 Sodium: 834	Calories: 786 Sodium: 1104	Calories: 865 Sodium: 1257	Calories: 834 Sodium: 1086	Calories: 763 Sodium: 992
15 PATRIOT'S DAY CLOSED (NO MEALS)	16 Roast Asado/Gravy Yucca Butternut Squash Whole Wheat Dinner Roll Reg Pineapple Upside Down Cake Diet Angel Cake	17 Baked Chicken/Wine Sauce ½ Baked Potato/Sour Cream Mixed Vegetables 12 Grain Bread Reg/Diet Mixed Fruit	18 American Chop Suey Broccoli/Cauliflower Italian Bread Reg/Diet Ambrosia	19 <u>GOOD FRIDAY</u> <u>COLD PLATE</u> Tuna Salad Potato Salad Pickled Beets Hot Dog Bun Fresh Banana
Calories: Sodium:	Calories: 877 Sodium: 966	Calories: 568 Sodium: 513	Calories: 720 Sodium: 516	Calories: 921 Sodium: 1128
22 Cabbage Roll Skillet White Rice Italian Blend Vegetables Pumpnickel Bread Reg/Diet Applesauce	23 Pollo al Horno/Latino Olive Sauce Mashed Malanga Green Beans Oat Nut Bread Reg/Diet Pineapple	24 Pot Roast/Beef Gravy Hot German Potato Salad Mixed Vegetables Whole Wheat Dinner Roll Reg Tapioca Pudding Diet Vanilla Pudding	25 Pernil Asado Arroz Amarillo/Gandubs Cole Slaw Rye Bread Reg Poke Cake Diet (1) Oatmeal Cookie	26 Whole Grain Vegetable Lasagna Tuscan Blend Vegetables 12 Grain Bread Fresh 4 oz. Dried Cranberries
Calories: 601 Sodium: 618	Calories: 744 Sodium: 474	Calories: 562 Sodium: 726	Calories: 1183 Sodium: 1142	Calories: 626 Sodium: 730
29 Salisbury Steak ½ Baked Potato/Margarine Broccoli Wheat Bread Reg Rice Pudding Diet Vanilla Pudding	30 Frozen Soup/Crackers 2 oz. Deli Turkey 1 oz. Swiss Cheese Mayo Packet Carrot & Raisin Salad Hamburg Bun Fresh 4 oz. Raisins		Total Calories & Sodium Includes 1% Milk & Margarine Total Calories & Sodium Is Based On Regular Dessert	Suggested Voluntary Donation \$2.00 Per Meal * High Sodium Entrée Puree Meals Available Call GSSSI
Calories: 697 Sodium: 966	Calories: 888 Sodium: 1211	Calories: Sodium:	Calories: Sodium: mg	Calories: Sodium: mg

