

For Reservations or Cancellations call by 12:00 Noon the day before at 781-2135 or Toll free 800-649-3641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Total Calories & Sodium Includes 1% Milk & Margarine Total Calories & Sodium Is Based On Regular Dessert	Suggested Voluntary Donation \$2.00 Per Meal * High Sodium Entrée Puree Meals Available Call GSSSI	1 Pollo al Horno/Wine Sauce Spanish Rice Winter Mix Vegetables Rye Bread Reg Frosted Birthday Cake Diet Angel Cake	2 Whole Grain Breaded Alaskan Pollock/Tartar Sauce Au Gratin Potatoes Peas/Carrots 12 Grain Bread Reg/Diet Mixed Fruit	3 <u>CINCO DE MAYO</u> Taco Bowl Shredded Cheese Yellow Rice Corn Dinner Roll Fresh Orange
Calories: Sodium:	Calories: Sodium:	Calories: 846 Sodium: 750	Calories: 929 Sodium: 1084	Calories: 860 Sodium: 654
6 Chili Soup/Crackers Latino Seasoned Beef Strips/ Onions & Peppers Arroz Amarillo Hamburg Bun Reg/Diet Dried Cherries	7 Pollo al Horno/Tarragon Mushroom Sauce Scalloped Potatoes Tuscan Blend Vegetables Wheat Bread Fresh Apple	8 <u>MOTHER'S DAY LUNCH</u> Roast Asado/Asado Gravy Rosemary Garlic Red Roasted Potatoes Butternut Squash Whole Wheat Dinner Roll R/D Straw Shortcake/Wh Top	9 Salisbury Steak/Beef Gravy Mashed Potatoes Mixed Vegetables Oat Nut Bread Reg/Diet Fruited Jell-O	10 Albondigas/Latino Tomato Sauce Arroz Blanco Tossed Salad Italian Bread Reg/Diet Chocolate Pudding
Calories: 816 Sodium: 1140	Calories: 851 Sodium: 567	Calories: 852 Sodium: 1024	Calories: 646 Sodium: 617	Calories: 733 Sodium: 1057
13 Conditos Con Carne Winter Mix Vegetables Rye Bread Reg/Diet Peach Crisp/Whipped Topping	14 <u>CATCH OF THE DAY</u> Pescadilla Con Salsa de Pimentos Rojo Arroz Amarillo Carrots 12 Grain Bread Reg/Diet Frozen Strawberries	15 Pollo A-La-King Mashed Potatoes Peas/Pearl Onions Pumpernickel Bread Reg/Diet Ambrosia	16 * Hot Dog Mustard & Relish Baked Beans Confetti Cole Slaw Hot Dog Bun Fresh Pear	17 Pollo al Horno/Apricot Sauce Batatas Dulces Green Beans Wheat Bread Reg/Diet Pineapple
Calories: 802 Sodium: 487	Calories: 646 Sodium: 1143	Calories: 797 Sodium: 500	Calories: 890 Sodium: 1255	Calories: 615 Sodium: 424
20 Pollo al Horno/Latino Olive Sauce Mashed Malanga Mixed Vegetables Rye Bread Reg Lemon Pudding Diet Vanilla Pudding	21 <u>COLD PLATE</u> Chili Soup/Crackers Tuna Salad Pickled Beets Hot Dog Bun Fresh Banana	22 Mexican Mac & Cheese Jardiniere Vegetables Tossed Salad Wheat Bread Reg/Diet Mixed Fruit	23 Roast Turkey/Turkey Gravy Cranberry Sauce Herb Dressing Butternut Squash Whole Wheat Dinner Roll Reg/Diet Peach Chiffon	24 Cheese Omelet/Ketchup Hash Brown Coins Sausage Pattie Hot Cinnamon Sliced Apples Dinner Roll/R/D Map. Syrup Reg/Diet Fruit Compote (Peaches/Dried Plums)
Calories: 802 Sodium: 720	Calories: 762 Sodium: 1295	Calories: 736 Sodium: 1063	Calories: 679 Sodium: 1200	Calories: 798 Sodium: 834
27 MEMORIAL DAY CLOSED (NO MEALS)	28 Lazy Stuffed Pepper Italian Blend Vegetables 12 Grain Bread Reg/Diet 4 oz. Raisins	29 Pescado Guisado Arroz Blanco Spinach Oat Nut Bread Fresh Apple	30 Pernil Asado/BBQ Sauce 4 oz. Macaroni & Cheese Fresh Carrot Crudite/Ranch Dressing NEW Pumpernickel Bread Reg/Diet Applesauce	31 Pollo al Horno/Wine Sauce Latino Yucca Zucchini/Tomatoes Wheat Bread Reg (2) Oatmeal Cookies Diet (1) Oatmeal Cookie
Calories: Sodium:	Calories: 545 Sodium: 457	Calories: 594 Sodium: 447	Calories: 748 Sodium: 902 mg	Calories: 845 Sodium: 670 mg

