

For Reservations or Cancellations call by 12:00 Noon the day before at 781-2135 or Toll free 800-649-3641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Vegetable Pasta Bake Double Spinach Wheat Bread Reg/Diet Peaches	4 Baked Chicken/BBQ Sauce ½ Baked Potato/Sour Cream Carrots Oat Nut Bread Reg/Diet Pears	5 Frozen Vegetable Soup/Crkr Egg Salad Tomato/Onion Salad Hot Dog Bun Reg Birthday Cake Diet Angel Cake	6 Latino Meatloaf/Latino Meatloaf Sauce Latino Mashed Malanga Roman Blend Vegetables Rye Bread Reg Tapioca Pudding Diet Vanilla Pudding	7 Pollock Fish Loin/ Latino Red Pepper Sauce Latino Yucca Green Beans 12 Grain Bread Fresh Orange
Calories: 644 Sodium: 730	Calories: 725 Sodium: 610	Calories: 861 Sodium: 1110	Calories: 758 Sodium: 608	Calories: 948 Sodium: 544
10 Baked Chicken/Wine Sauce Curried Chick Pea Rice NEW Broccoli Rye Bread Fresh Apple	11 Conditos Con Carne Italian Blend Vegetables 12 Grain Bread Reg/Diet Fruit Compote	12 <u>FATHER'S DAY CELEBRATION</u> Pot Roast/Mushroom Gravy Red Roasted Potatoes Carrots Whole Wheat Dinner Roll Reg/Diet Peach Shortcake/ Whipped Topping	13 Latino Fiesta Fish Latino Yellow Rice/Zucchini Cucumber Salad Oat Nut Bread Reg/Diet Applesauce	14 Salisbury Steak/Beef Gravy Mashed Potatoes Summer Blend Vegetables Wheat Bread Reg/Diet Butterscotch Pudding
Calories: 846 Sodium: 769	Calories: 789 Sodium: 475	Calories: 820 Sodium: 1054	Calories: 635 Sodium: 563	Calories: 622 Sodium: 1064
17 Latino Beef Molido Latino Yellow Rice Tuscan Blend Vegetables 12 Grain Bread Reg/Diet Mixed Fruit	18 Frozen Minestrone Soup/Crkr Mediterranean Chicken Salad Celery Salad NEW Hot Dog Bun Fresh Banana	19 Latino Fish Stew Latino White Rice Genoa Blend Vegetables Oat Nut Bread Reg/Diet Chocolate Pudding	20 W. G. Lasagna/Tomato Sce Cauliflower Supreme Tossed Salad Whole Wheat Dinner Roll Reg/Diet Ambrosia	21 Hamburger/Beef Gravy Mashed Potatoes Cole Slaw Hamburg Bun Reg/Dt Frozen Strawberries
Calories: 663 Sodium: 806	Calories: 619 Sodium: 1284	Calories: 664 Sodium: 599	Calories: 628 Sodium: 842	Calories: 811 Sodium: 941
24 Chicken Meatball Stroganoff Buttered Noodles Wax Beans Rye Bread Reg Lemon Pudding Diet Vanilla Pudding	25 Taco Bowl Shredded Cheese Yellow Rice Corn Dinner Roll Reg (2) Choc. Chip Cookies Diet (1) Choc. Chip Cookie	26 Latino Chick Pea Stew Latino White Rice Broccoli Wheat Bread Reg/Diet Pineapple	27 Hot Dog Mustard & Relish Baked Beans Cole Slaw Hot Dog Bun Fresh Orange	28 Roast Turkey/Turkey Gr Cranberry Sauce Herb Stuffing Butternut Squash Whole Wheat Dinner Roll Reg/Diet Mixed Fruit
Calories: 783 Sodium: 892	Calories: 851 Sodium: 758	Calories: 1021 Sodium: 987	Calories: 858 Sodium: 1256	Calories: 648 Sodium: 1122
			Total Calories & Sodium Includes 1% Milk & Margarine Total Calories & Sodium Is Based On Regular Dessert	Suggested Voluntary Donation \$2.00 Per Meal * High Sodium Entrée Puree Meals Available Call GSSSI
Calories: Sodium:	Calories: Sodium:	Calories: Sodium:	Calories: Sodium: mg	Calories: Sodium: mg

