

NOTE: Please call by 11:30AM the day before to reserve or cancel a lunch. (Home deliveries: 781-2135 / Senior Lunch at JCC - 372-9751)

May 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 5	** All menu items subject to change	*** Suggested voluntary donation - \$2.00	1 Seafood Salad Plate Pasta Salad Leaf Lettuce & Tomato Slice Fruit Festival Dinner Roll Milk	2 Mushroom Barley Soup Baked Meatloaf Whipped Potato Broccoli Cuts Applesauce Rye Bread	3 Tomato Vegetable Soup Pasta Primavera w/Tuna Green Beans Reg Banana Cake Diet Fruit Wheat Bread Milk	
Week 6	6 Minestrone Soup Chicken Cacciatore Rotini Peas & Mushrooms Applesauce Wheat Bread	7 Potato Soup Poached Salmon Mashed Potato Green Beans Fruit Cocktail White Bread	8 Mini Shells & Cheese Stewed Tomatoes Reg Chocolate Pudding Diet Pudding Wheat Bread Milk	9 Navy Bean Soup Stuffed Cabbage Italian Mixed Vegetables Reg Congo Bars Diet Fruit Wheat Bread	10 Egg Salad Macaroni Salad 3 Bean Salad Hamburger Bun Crushed Pineapple Milk	
Week 7	13 Mushroom Barley Soup BBQ Chicken Mashed Potato Spinach w/Lemon Fresh Fruit Rye Bread	14 Green Split Pea Soup Hot Dogs (2) Hot Dog Roll (2) Baked Beans Potato Salad Canned Fruit Relish/Mustard Packets	15 Fish Provencal Mashed Potato Scandinavian Vegetables Reg Vanilla Pudding Diet Pudding Wheat Bread Milk	16 Lentil Soup Beef Stew Egg Noodles Mixed Vegetables Reg Oatmeal Raisin Cookies Diet Fruit Wheat Bread	17 Tuna Lettuce Leaf Tomato Slices Hamburger Bun Pickled Beets Milk Apricots	
Week 8	20 Minestrone Soup Shepherd's Pie Zucchini Reg Banana Bread Diet Fruit Pumpnickel Bread	21 Yellow Pea Soup Chicken w/Wine Sauce Rice Pilaf Wax Beans Apricots Wheat Bread	22 Salisbury Steak Whipped Potatoes Green Beans Peach Slices Rye Bread	23 Mushroom Barley Soup American Chop Suey Italian Blend Vegetables Pineapple Chunks Italian Bread	24 Broiled Scrod/Tartar Sauce Baked Potato/Sour Cream Peas & Mushrooms Reg Chocolate Pudding Diet Pudding Wheat Bread Milk Margarine	
Week 5	27 MEMORIAL DAY CLOSED (NO MEALS)	28 Beef Vegetable Soup Hamburger w/Bun Corn Pineapple Chunks Ketchup/Mustard	29 Seafood Salad Plate Pasta Salad Leaf Lettuce & Tomato Slice Fruit Festival Dinner Roll Milk	30 Mushroom Barley Soup Baked Meatloaf Whipped Potato Broccoli Cuts Applesauce Rye Bread	31 Tomato Vegetable Soup Pasta Primavera w/Tuna Green Beans Reg Banana Cake Diet Fruit Wheat Bread Milk	