


**NOTE:** Please call by 11AM the day before to reserve or cancel a lunch. (Home deliveries: 781-2135 / Senior Lunch at JCC - 372-9751)

January 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Week 4</b>	<b>** All menu items subject to change</b>	1 - <b>No Meals</b> 	2 Salisbury Steak Mashed Potatoes Carrots Bread Canned Fruit	3 Mushroom Barley Soup American Chop Suey Italian Blend Vegetables Italian Bread Canned Fruit	4 Baked Scrod Baked Potato Peas & Mushrooms Bread Milk Pound Cake	
<b>Week 1</b>	7 Mushroom Barley Soup Meatloaf Mashed Potatoes Ratatouille Texas Toast Canned Fruit	8 Tomato Vegetable Soup Baked Chicken w/ teriyaki glaze Rice / Oriental Veggies. Bread Canned Fruit	9 Baked Fish w/ sauce Potatoes au Gratin Peas & Onions Bread Milk Canned Fruit	10 Beef Vegetable Soup Swedish Meatballs Noodles Corn Bread Cherry Crisp	11 Stuffed Shells Tossed Salad Garlic Bread Milk Fresh Fruit	
<b>Week 2</b>	14 Navy Bean Soup Stuffed Cabbage Mashed Potatoes Green Beans Italian Bread Canned Fruit	15 Potato Soup Chicken Stew Mashed Potatoes Succotash Bread Cookies	16 Macaroni & Cheese Stewed Tomatoes Rolls Milk Canned Fruit	17 Lentil Soup Beef Burgundy Noodles Mixed Vegetables Bread Fruited Jello	18 Broiled Scrod Baked Potato Broccoli Bread Milk Canned Fruit	
<b>Week 3</b>	21 - <b>No Meals</b> 	22 Green Split Pea Soup Hamburger w/ roll Beans Carrots Canned Fruit	23 Fish w/ crumb topping Scandinavian Vegetables Rice Bread Milk Canned Fruit	24 Cabbage Soup Beef Stew Noodles Mixed Vegetables Bread Cookies	25 Tuna Salad w/ roll Lettuce & Tomatoes Pickled Beets Milk Pudding	
<b>Week 4</b>	28 Chicken Florentine Soup Turkey Chili Rice Zucchini Bread Canned Fruit	29 Yellow Pea Soup Chicken w/ wine sauce Rice Pilaf Wax Beans Bread Fruited Jello	30 Salisbury Steak Mashed Potatoes Carrots Bread Canned Fruit	31 Mushroom Barley Soup American Chop Suey Italian Blend Vegetables Italian Bread Canned Fruit	<b>*** Suggested voluntary donation - \$2.00</b>	