


NOTE: Please call by 11AM the day before to reserve or cancel a lunch. (Home deliveries: 781-2135 / Senior Lunch at JCC - 372-9751)

February 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 4	** All menu items subject to change	*** Suggested voluntary donation - \$2.00			1 Baked Scrod Baked Potato Peas & Mushrooms Bread Milk Pound Cake	
Week 1	4 Mushroom Barley Soup Meatloaf Mashed Potatoes Ratatouille Texas Toast Canned Fruit	5 Tomato Vegetable Soup Baked Chicken w/ teriyaki glaze Rice / Oriental Veggies. Bread Canned Fruit	6 Baked Fish w/ sauce Potatoes au Gratin Peas & Onions Bread Milk Canned Fruit	7 Beef Vegetable Soup Swedish Meatballs Noodles Corn Bread Cherry Crisp	8 Stuffed Shells Tossed Salad Garlic Bread Milk Fresh Fruit	
Week 2	11 Navy Bean Soup Stuffed Cabbage Mashed Potatoes Green Beans Italian Bread Canned Fruit	12 Potato Soup Chicken Stew Mashed Potatoes Succotash Bread Cookies	13 Macaroni & Cheese Stewed Tomatoes Rolls Milk Canned Fruit	14 Lentil Soup Beef Burgundy Noodles Mixed Vegetables Bread Fruited Jello	15 Broiled Scrod Baked Potato Broccoli Bread Milk Canned Fruit	
Week 3	18 - No Meals 	19 Green Split Pea Soup Hamburger w/ roll Beans Carrots Canned Fruit	20 Fish w/ crumb topping Scandinavian Vegetables Rice Bread Milk Canned Fruit	21 Cabbage Soup Beef Stew Noodles Mixed Vegetables Bread Cookies	22 Tuna Salad w/ roll Lettuce & Tomatoes Pickled Beets Milk Pudding	
Week 4	25 Chicken Florentine Soup Chili Rice Zucchini Bread Canned Fruit	26 Yellow Pea Soup Chicken w/ wine sauce Rice Pilaf Wax Beans Bread Fruited Jello	27 Salisbury Steak Mashed Potatoes Carrots Bread Canned Fruit	28 Mushroom Barley Soup American Chop Suey Italian Blend Vegetables Italian Bread Canned Fruit		