There are many options to help older people and individuals with disabilities live as independently as possible in the setting of their choice.

Finding out what these options are on your own can be overwhelming and time consuming. Call us and let us help you make informed decisions about the services that best meet your needs. Our Elder Care Advisors can help you learn what your options are and help you to make choices that are best for you and your family.

You Have Choices
Let Us Help You Make the Right Ones!

Service Area

If you need assistance outside this area, call us. If we can’t help you, we will put you in contact with resources closest to your home or workplace.

Greater Springfield Senior Services, Inc.
An Area Agency on Aging & Aging Services Access Point
66 Industry Avenue, Suite 9, Springfield, Massachusetts 01104
413-781-8800 TDD: 413-272-0399 gssi.org

GSSSI is an AA/EOE. Its programs are funded in whole, or in part, by contracts with the Massachusetts Executive Office of Elder Affairs and private donations.
1-800-Age-Info 800ageinfo.com
Let us help you find the services and options available for long term care.

**What is Options Counseling?**
A free service that:

- Assists people in making informed decisions about nursing home placement and living at home or other community setting with services
- Focuses on consumer’s personal goals and preferences
- Can be provided at home, at an agency, in a hospital, rehabilitation or nursing facility

**Who can receive it?**
- People of any age who have any type of disability
- People age 60 and older
- Caregivers

**How can it help you?**
An Elder Care Advisor will **work with you** to:
- Help develop a personal long term care plan
- Explore financial resources for your care plan
- Give you information about community services
- Make recommendations as needed

To connect with an Elder Care Advisor contact Greater Springfield Senior Services Information and Referral Department: 413-781-8800.

The Options Counseling Program is administered by the Executive Office of Elder Affairs and the Massachusetts Rehabilitation Commission, and is a service of the Aging and Disability Resources Consortiums.