



# FAMILY CAREGIVER SUPPORT

The Family Caregiver Support Program connects family caregivers with a Caregiver Specialist who provides free information, useful tips and resources, and other means of support to family caregivers.

## How Can The Family Caregiver Program Help Me?

The Family Caregiver Support Program is a short-term service that provides one-on-one meetings with a Caregiver Specialist.

A Caregiver Specialist offers unbiased information to help you plan for care wherever your loved one lives and provides educational materials, including Alzheimer’s and other related dementia resources. It also connects you with respite opportunities to relieve you from your caregiving responsibilities temporarily.

Wherever you are in your caregiving journey, the Family Caregiver Support program recognizes the critical role family caregivers and grandfamilies make in the lives of loved ones.

## Eligibility & Cost

The Family Caregiver Support Program is free for non-paid caregivers who care for individuals age 60+ or any individual living with Alzheimer’s disease or related dementia. The program also supports Grandparents and other relatives who care for children under the age of 18 or an adult with a disability ages 18-59.



*“My Caregiver Specialist genuinely made me feel heard. Together we set an action plan for me to work towards my goals.”*

## The Family Caregiver Program provides information, referrals, training, and guidance to help family caregivers manage the daily challenges of caring for a spouse, life partner, parent, grandchild, relative, or friend.

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## Cities and Towns We Service

Agawam, Brimfield, East Longmeadow, Hampden, Holland, Longmeadow, Monson, Palmer, Springfield, Wales, West Springfield and Wilbraham.

*Don’t see your town? Call us today and we can connect you to the agency that serves you!*

Scan for more information

