



# ONE CARE PROGRAM

One Care Programs are health plans that combine MassHealth and Medicare benefits to bring together medical, behavioral health, and long-term services under one program. It is designed for adults living with disabilities who want coordinated care and support to remain safe, healthy, and independent in the community.

GSSSI partners with several One Care health plans to deliver case management services, ensuring that each member gets the right supports at the right time.

## How Can One Care Help Me?

With a One Care plan, members may choose to work with a GSSSI Long-Term Services Coordinator (LTSC), who partners with their doctors and health plan to connect them to in-home and community services. This individualized support helps members navigate the system, access resources, and maintain their health and independence, all at no extra cost.

## Eligibility & Cost

One Care plans are available to adults ages 21–64 who are enrolled in both MassHealth Standard and Medicare. Enrollment is open to new members year-round, and GSSSI can help individuals review their options and connect with the plan that best meets their needs. Members cannot have any private health insurance or be a participant of a Home and Community-Based Services (HCBS) waiver.

## How It Works

To apply and join a One Care plan, potential members must contact MassHealth at (800) 841-2900. Once enrolled, GSSSI partners with the member’s One Care health plan to provide case management services, helping coordinate care and connect the member with the supports they need.

## Cities and Towns We Service

*One Care plans cover many cities and towns in Hampden County.*

*Call us today and we can connect you with right resources.*



*“My Long-Term Services Coordinator (LTSC) has helped me find the resources I needed to regain my independence, and I am very grateful”*

Scan for more information

