Sources: Greenfield Farmer's Market, CIS, Center for Self Reliance

HIP– Healthy Incentive Program

The leaves are changing and the weather is cooling down, but that does not mean you are no longer able to source local, affordable produce. **HIP or the Healthy Incentive Program** works in partnership with SNAP (food stamps) to provide produce all year round. If you are enrolled in SNAP (food stamps) you are automatically enrolled in HIP and are eligible to receive up to an additional $40 to spend at a farmer's market or farm stand each month. Not every farmer's market or farm stand accepts HIP, please see below for some nearby locations that are open through October or all year. HIP is a year round program, so keep an eye out in the summer for even more HIP vendors for you to pick from!

For more information, please call the Project Bread hotline at 1-800-645-8333.

How HIP Works:

Use your EBT card on fruits, vegetables, or plants from a HIP farm or farmer's market. HIP will automatically add the money right back onto your ET card up to a monthly limit*!

- You must have a SNAP balance greater than 0 in order to earn HIP back onto your card.
- You can use your monthly HIP money all at once, or you can make several small purchases.
- HIP benefits reset with the calendar month, not with your regular benefits schedule.
- Not all farms participate in HIP. Make sure you ask the farmer or look for a HIP logo (seen to the right).

Location	Type of Location	Address	Hours	Market Season
DNR Farm	Farm Stand	146 Thresher Rd. Hampden, MA	MWF 8am-4pm	Year Round
Springfield/Brightwood	Farmer's Market	Kenefick Park on Division St	Tuesday 12-4	July — October
Springfield/Forest Park (Forest Park Cyr Arena Parking Lot)	Farmer's Market	200 Trafton Rd	Tuesday 12:30-6	June — October
Springfield/Forest Park Winter Market (Monkey House)	Farmer's Market	200 Trafton Rd	2nd & 4th Saturdays 10-2	November– April
Brimfield/Hitchcock Academy Farmer's Market	Farmer's Market	2 Brookfield Rd. Brimfield, MA	Saturday 9-1	April– October
Wilbraham Stony Hill Farm	Farm Stand	899 Stony Hill Rd	Weds & Fri 2-6 Sat 10-2	Year Round

*By purchasing eligible produce monthly, you can earn back up to:

$40 (1-2 person household)

$60 (3-5 person household)

$80 (6+ person household)

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Sources: Greenfield Farmer's Market, CIS, Center for Self Reliance

HIP– Healthy Incentive Program

Las hojas están cambiando y el clima se está enfriando, pero eso no significa que ya no puedas conseguir productos locales y asequibles. HIP o el Programa de Incentivos Saludables trabaja en asociación con SNAP (cupones de alimentos) para proporcionar productos agrícolas durante todo el año. Si está inscrito en SNAP (cupones de alimentos), queda automáticamente inscrito en HIP y es elegible para recibir hasta $40 adicionales para gastar en un mercado de agricultores o puesto agrícola cada mes. No todos los mercados de agricultores o puestos agrícolas aceptan HIP; consulte a continuación algunas ubicaciones cercanas que están abiertas hasta octubre o todo el año. HIP es un programa que dura todo el año, así que esté atento durante el verano para descubrir aún más proveedores de HIP entre los que puede elegir. Para obtener más información, llame a la línea directa de Project Bread al 1-800-645-8333.

Así Funciona HIP:

Utilice su tarjeta EBT en frutas, verduras y plantas de una granja o mercado de agricultores HIP. ¡HIP acreditará automáticamente el dinero a su tarjeta ET hasta un límite mensual*!

- Debe tener un saldo de SNAP superior a 0 para recibir el reembolso de HIP en su tarjeta.
- Puede utilizar el saldo mensual de HIP de una sola vez o realizar varias compras pequeñas.
- Los beneficios de HIP se reinician cada mes natural, no según su calendario habitual de beneficios.
- No todas las granjas participan en HIP. Asegúrese de preguntar al agricultor o de buscar el logotipo de HIP (que se muestra a la derecha).

Ubicación	Tipo de ubicacion	Dirección	Horas	Temporada de Mercado
DNR Farm	Farm Stand	146 Thresher Rd. Hampden, MA	MWF 8am-4pm	Year Round
Springfield/Brightwood	Farmer's Market	Kenefick Park on Division St	Tuesday 12-4	July — October
Springfield/Forest Park (Forest Park Cyr Arena Parking Lot)	Farmer's Market	200 Trafton Rd	Tuesday 12:30-6	June — October
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Wilbraham Stony Hill Farm	Farm Stand	899 Stony Hill Rd	Weds & Fri 2-6 Sat 10-2	Year Round

*Comprando frutas y verduras elegibles, cada mes se le puede devolver hasta:

$40 (1-2 personas)

$60 (3 a 5 personas)

$80 (más de 6 personas)

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